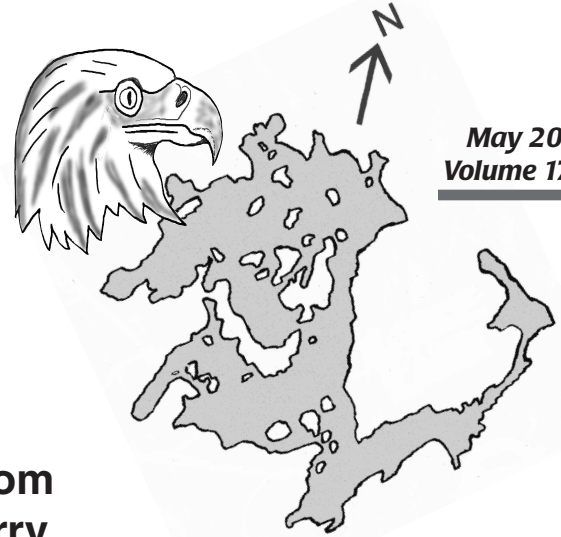


EAGLE LAKE

PROPERTY OWNERS' ASSOCIATION



May 2011
Volume 17.2



President's Report

Kathleen White

Great news! The State of the Lake Report has been published and will be distributed this spring or early summer. Copies have been sent to many of the stakeholders, including the Township, the County, and the various associations who contributed and we have received rave reviews. This is a major achievement and we owe a large "thank you" to Irv Dardick and the rest of the Working Group.

This report will be the showpiece for the planned ELPOA membership drive. We hope to drop a copy off at every cottage on the lake, and solicit interest in ELPOA membership at that time. As usual, volunteers to assist this effort will be welcomed; it will be a great opportunity to meet your neighbours.

The Board of Directors has also been busy preparing for the AGM. This year it will be held at RKY camp and we hope to have a full program with enough time for discussions and socialization. Please note the details in enclosed Notice of Meeting. I look forward to seeing many members there, as we will be looking for ideas and participation in planning activities for the upcoming year.

Spring is finally here, it's great to see the trees starting to show buds. But, isn't winter supposed to go "out like a lamb"? The wind April 28 was anything but lamb-like! Our end of the lake was without power from Thursday morning until Friday evening, and Hydro crews were working out of Parham Landing all day Sunday, so don't be surprised to see a lot of trees and branches down when you open your cottage this spring! But the high water is starting to go down, and things are looking good for a great summer on the lake. It can't come soon enough for me!



A Message from Inspector Gerry Salisbury

As summer draws closer and our first long weekend of the year approaches, it's once again time for lake side residents to enjoy activities such as boating, fishing, and yes some partying with friends. Safety and respect for others must be paramount. As the Commander of the Ontario Provincial Police in Lanark County and Central and North Frontenac, we are committed to have full time marine patrols focusing on enforcement and proactive measures. I would ask that all persons enjoy the water in a manner that is safe and fair for everyone. I offer the following tips for everyone to follow:

- don't drink alcohol and operate a vessel, they don't mix and part of the penalty includes suspension from operating not just your boat, but also your car
- know the water you are swimming in. Don't dive in shallow water and always have a swim buddy
- respect other people's property. If you plan to party, pick up your garbage, don't start unsafe fires, and keep the noise down. Nobody wants to hear you partying all night!!
- keep the speeds of your vessel responsible, and respect the shoreline
- have your marine operators licence with you and all required

—Continued on page 7

Inside Your Municipality

Mayor Janet Gutowski

After much deliberation Central Frontenac Township and Frontenac County set their 2011 budgets in April. With significantly less money coming from the province this year, Central Frontenac reluctantly set a budget increase of 9.85%. Fortunately things were better at the county where uploading of some social programs to the province allowed us reduce the Frontenac County budget by almost 5%. The blending of these figures means an increase in property tax of about 5% for those properties not impacted by increased assessment. Unfortunately for properties on waterfront this is rarely the case. For that reason I recommend reviewing the assessment statement you received from MPAC. This provincially regulated

—Continued on page 2

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—Municipality Report from page 1

body employs a variety of methods to determine the value of your property. The CVA (Current Value Assessment) dictates who pays the greater (or lesser share) of property taxes. An increase in the CVA will impact the increase of your property taxes.

In other news I am pleased to report that for the most part council and staff are on the same page so far this term. Recently we unanimously adopted a Waste Recycling Strategy. This strategy will include the introduction of clear plastics bags at some point. There is still a lot of work to be done in Waste Management and several other areas of Public Works especially in terms of meeting provincial regulatory requirements. Once staff is at full complement I expect we will be able to make significantly more progress in these areas.

For my part I am urging council to set aside some discussion time to decide on priorities for our term of office. It is important that both staff and council develop both short and long term strategies in order to better manage both our costs and our infrastructure. The beginning of the term is the optimum time for goal setting. Council was elected to represent you. Establishing clear objectives will help everyone understand where we are going. We all agree that our natural environment is our greatest resource and our future must be sustainable. For that reason I would like to see council support initiatives that would build on tourism and lead to a strengthened local economy. The completion of the K&P Trail and the revitalization of our villages and hamlets are worthy goals. Many of you have visited vibrant communities in other parts of the province. With your help it can happen here!

On that note let me tell you about some of what is coming up this summer and beyond. Friday, June 3, the Relay for Life will be taking place overnight at the Parham Fairgrounds. Friday, July 1, Sharbot Lake will be hosting the annual Canada Day Celebration and Saturday, July 16, the Shabot Obaadjiwan First Nation will be hosting a large Algonquin Community gathering at Oso Beach in

Sharbot Lake. This is an all day event with most of the proceedings being open to the public. There is also a Flea Market and a Farmer's Market in the works for Sharbot Lake. Last but not least the Hollywood family, a local family with deep roots in the area is developing an upscale Seniors Housing complex along with a golf course in the vicinity of Road 38 and St. Georges Lake... now that would be something positive wouldn't it?

So there you have it, at least some of it. For more news and information about what's happening in Central Frontenac you can visit the updated township website at www.centralfrontenac.com. The website includes a community calendar. Or you can join me on facebook at www.facebook.com/mayorgutowski. Please don't expect me to be on line much once the weather finally gets nice. Like you, I'd much rather be paddling in my kayak and watching the loons.

Take Care,
Mayor Janet



Having a Safe and Fun Filled Summer 2011 at the Cottage!

Mark MacDonald

The winter has passed and spring sort of sprung and we all hope for a warm and sunny summer. It is important to always have safety on our minds, especially as family members and young ones come for a stay by the lake.

Here is a list of the seven habits of highly safety-conscious people.

1. Install smoke alarms on every level and adjacent to every sleeping area in your residence. These units are economical to purchase but only work if the batteries are in them and they are checked regularly. Your cottage is a residence so it needs smoke alarms and that means the Bunkie too! If they are near the kitchen or shower, install a unit with a "HUSH" feature which temporarily silences the alarm while you clear the smoke or steam. If there are fuel burning

appliances, have a carbon monoxide detector as well.

2. Know your civic address and post it by the phone for visitors/renters. This is vital information for responders as most dispatch systems are G.I.S. based and need an address to plot you on the face of the earth. In addition the responding vehicles need to fit down the road to reach you. Keep brush cleared back for good visibility. Twelve feet wide and 12 feet high is a good start and it also keeps scratches off of your own vehicles. Also, ensure the road is in good condition.
3. Never cook fries in a pot of cooking oil! Every year across Ontario homes are lost because of this completely preventable fire. Deep fryers have thermostats that control oil temperature to ensure it does not reach its auto ignition temperature. The pot on the stove has no temperature control and the cabinets above and around the stove are the perfect fuel for this fire.
4. Have your 72 hour emergency kit at the cottage too. Disasters and severe weather events can occur at any time. Make sure you can keep your home going for the first 72 hours after a major event. There may be no electricity and roads may be closed. Preplanning is essential and there is lots of info. available on the Township website under "Emergency services".
5. Have a safe campfire. Make sure there is a bucket of water or hose nearby in case the fire extends beyond the pit. Never use flammable liquids to help start the fire. Rake up ground fuels such as leaves and pine needles as they can cause a fire to move rapidly from your fire pit to under a neighbour's cottage. Yes, this has happened more than once in our area in recent years. Remember all open air burning is done by permit in the township.
6. Wear a lifejacket/PFD while on the water. Most people do not wear their lifejacket while boating, and 88% of those who do, wear them improperly. 43% of drowning vic-

—Continued on page 3

—Cottage Safety from page 2

tims were less than 2 metres from shore/safety. We tend to grossly overestimate our swimming abilities and underestimate the water's dangers. Young people tend to go paddle boating and canoeing without PFD's and that is foolhardy, dangerous and illegal! If they give you a hard time tell them the Fire Chief said so.J

- 7. Spread the safety message to others. Make this a campfire story one night or discuss it over a card game. The goal of the Emergency services is to keep the equipment on our vehicles and talk to our residents before a tragedy occurs. A fire can grow from a small wastebasket size to a raging house fire in less than two minutes. If a fire does start-get out and stay out! The smoke will kill you before the heat burns you. Let's be safe and enjoy another day! Enjoy the summer!

Fire Chief Mark MacDonald
Fire & Emergency Services
613-279-2935 ext 243 ୧୫୫

A Greener E for Eagle Lake An RKY Camp Update

Christina Bonner
RKY Camp Director

As RKY Camp begins preparations for the 2011 season there have been many new and exciting changes around our home on Eagle Lake. Beginning with myself, Christina Bonner, as the new Camp Director, the 2011 season promises to be filled with much excitement.

Hailing from New Brunswick, this directorship at RKY marks my 10th year in camping. Ironically this is also the 10th anniversary of the first time that I came to RKY as a counselor in training, participating in the RKY Camp/Camp Glenburn exchange program. Many things have changed at RKY Camp from 10 years ago however, much has stayed the same. The experience that I have gained over the years, both in camping and in my academic career has prepared me to

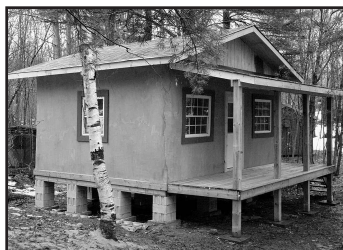
guide the future of RKY. I hope to continue to provide a high-quality summer camp experience while expanding our programming to a year round Outdoor Centre.

Environmentalism has been the focus over the past year at RKY. Building on our success with the Straw Bale cabin, we are continually striving to give back to the land and ecosystem that houses our campers and participants.

Over the past year we have had the opportunity to house a Youth Environmental Eco Intern. Through funding provided by the YMCA of Toronto our Eco Intern has been making serious headway on a few pet projects regarding both facility improvement and RKY program development.

As RKY embarks towards its quest to become a year round Outdoor Education facility during his internship, Tom has worked on many of the eco-program enhancements that will now allow RKY to take these next steps. Specifically with regards to spring, winter and fall programming, we have devised a curriculum based eco-school where students and teachers alike will be able to enhance classroom learning in such subjects as biology, environmental studies, social studies, physical education and recreation.

Continuing on the theme of environmentalism, many green projects have also been sprouting up. Some of the highlights include the planting of 200 baby saplings and plans to open our own RKY tree nursery. In addition, we have also begun planning for our seasonal gardens including a new butterfly garden that will be incorporated into our nature program this summer. All of these changes are efforts to build a stronger more vibrant Nature program at RKY leading to an eventual refurbishment of our current Nature hut and programming. ୧୫୫



Strawbale cabin at RKY Camp

Boat Wakes and Shoreline Erosion at Eagle Lake

Dave Whalen

Over the last year, several people have remarked on the amount of erosion of their shorelines, wondering how much is due to boat wakes and what can be done about it. We have to rely on educating ourselves, talking to our neighbors and people around the lake and voicing our concerns.

Shoreline erosion is a process that occurs along all watercourses. There are many natural causes (wind-generated waves, water levels, ice, slope of the bank, absence of vegetation), as well as human (deforestation of shorelines, wave action from passing boats). Wake is the wave action, produced by the wash of boats, that strikes against the banks of rivers or channels.

Shoreline erosion has many consequences on the aquatic environment, including habitat destruction, an increase in sedimentation and in turbidity of the water, and the release of nutrients (phosphorous and nitrogen) that promote algal blooms. As well, shoreline erosion can result in the loss of land and affect shoreline property values.

Wave height is one of the most important factors in shoreline erosion. The magnitude of the waves generated by a boat depends on different factors, particularly the boat's speed, its size, passenger/cargo loading, the shape of its hull, distance from shore and water depth. Observations made by the Minnesota Department of Natural Resources have shown that a wave that is 12.5 cm high (the height of a compact disk case) does not cause significant shoreline damage. Waves of this height are created by boats operating at speeds generally under 10 km/h—a speed that is considered reasonable when operating close to sensitive shores. A wave that is 25 cm high is five times more destructive than a 12.5-cm wave; 62.5-cm high waves are 30 times more destructive. For example, a small motorboat produces a

—continued on page 4

—Boat Wakes from page 3

wave that is 25-cm high when at planing speed, whereas cruising yachts and other craft that do not plane can generate waves that can easily reach heights of 62.5 cm and more.

It is difficult to apply a universal rule for all boats because of their variable configuration and behavior in the water. As such, the surest approach is to observe the wake produced by your boat.

By observing what happens when changing speed, boat operators can control their boat's wake. There are three different speeds that affect wakes.

1. **Displacement speed** – This is usually the slowest speed for most motor boats. It also creates the least wake. The boat operates with the bow down in the water.
2. **Transition speed** – As you increase the power while attempting to plane, the bow rises, causing the stern to plow through the water. This speed creates the largest wake.
3. **Planing speed** – At planing speed, the bow drops back down and only a little of the hull contacts the water. This speed creates less wake than transition speed, but more than displacement. Many large craft are not designed to reach this speed.

Boaters can reduce the impact of their boat's wake on sensitive shorelines by checking the wake being produced, particularly when they navigate near the shore.

Another way to control the wake your boat produces is to put trim tabs on it. Trim tabs are the flaps installed on the transom of all the larger power boats to improve acceleration and planing. With trim tabs, boats get onto plane faster, use less fuel and don't hide the horizon behind the bow during acceleration. Boats with trim tabs can plane at a lower rpm and lower speed, because the tabs hold the bow down, and at the same time, the back end up; otherwise, the boat would fall off of plane at that rpm and speed. To maintain a level smooth ride, you can adjust the tabs while underway to accommodate the changes in conditions like the wind, waves, change of

weight distribution on board, etc.

While trim tabs are on larger boats, manufactures of smaller boats do not put them on to keep costs down. By putting trim tabs on smaller boats you will achieve the same results that bigger boats get. This will help the shore line erosion as well help your boat plane quicker, and relieve the stress on the engine, thereby saving you maintenance costs.

All of this information can be found on the web, so if your boat is not planing properly and you are creating large wakes, check it out.

Remember summer is short, so let's all think of our neighbours, their boathouses and shorelines and everyone can sit back and enjoy the lake.

🌊🌊

Shoreline and In Water Work Restrictions

Sondra Feasby

Timing restrictions are now in effect prohibiting in-water work on many rivers, streams and lakes in the watershed. Work restrictions during the spring allow an appropriate and stress-free environment for fish to spawn and raise their young in our local streams. Fishing and related spending is a crucial economic activity in our watershed.

Here are the main timing restrictions when no in-water work may occur:

- warm water fish communities (most of the Rideau Valley): from March 15 to June 30
- mixed fish communities (Big Rideau Lake): from October 1 to June 30
- Ottawa River only: from March 15 to July 15.

The RVCA's LandOwner Resource Centre (613-692-3571 or 1-800-267-3504 ext 1128 or 1132) can assist you with permit requirements if you are considering shoreline work such as docks, boat slips or erosion protection measures. Jennifer can give you more details about 2011 work restrictions at jennifer.lamoureux@rvca.ca or ext 1108. You can also call the MNR Area Biologist at 613-258-8204 or Rideau

Canal Parks Canada Office at 613-283-7199 for current information.

Source: *Around the Rideau*. Rideau Valley Conservation Authority. March/April 2011.

Water Quality Results in 2010

Irv Dardick

Last year, staff from the Rideau Valley Conservation Authority (RVCA) measured phosphorus, nitrogen and calcium levels at Eagle Lake on three occasions with no elevations noted for these three parameters. Actually, reported levels of phosphorus and nitrogen in lake water were lower than usual. This likely reflects the use of a different testing laboratory in 2010 making direct comparison with previous results difficult.

The water sample taken at the deep point on May 4, 2010 for the Lake Partner Program organized by the Ministry of the Environment gave a reading of 8 micrograms per litre for total phosphorus. This is a very good result and one that is consistent with total phosphorus results for the past 6 or 7 years in this program, as well as previous results from the RVCA.

—Continued on page 5

MARK YOUR CALENDARS!

Notice of
ELPOA
Annual General Meeting
2011

RKY Camp,
Saturday, July 16th
Registration & Coffee at
8:30 a.m.,
Meeting at 9:00 a.m.
in the Camp dining room.

See enclosed flyer
for details

—Water Quality from page 4

In June and July of last year, *E.coli* counts at Hampton Landing were again modestly elevated. To see if further investigation of this recurring situation is warranted, the Health Unit in Sharbot Lake was consulted this spring and we were referred to a septic system inspector with Kingston, Frontenac, Leeds-Addington Public Health. After review of our tabulated data for 10 years, the following response was received: "Thank you for the data, I consulted with the Ministry of Environment regarding the *E.coli* levels and they advised that the incidence of *E.coli* in surface water at the levels shown in the data are common. Our responsibility under the Ontario Building Code is to respond to issues where there are obvious signs of an unsafe sewage system. Situations where sewage systems are ponding or discharging sewage to the surface of the ground require an inspection. Based on our observations and evidence gathered during the inspection we can proceed with avenues to have the system corrected. The levels in the data don't warrant an investigation unless there is evidence a sewage system is unsafe." Unfortunately, this approach neither accounts for the absence of this type of surface water contamination elsewhere on the lake, nor provides an avenue for identifying a reason for the contamination. The health unit response will be provided to staff at RVCA, who continues to monitor *E.coli* levels at Eagle Lake.

Lake trout habitat, as reflected by dissolved oxygen concentration and temperature profiles at the deep point of Eagle Lake was assessed on four occasions last season. As in many previous years, dissolved oxygen levels from May to July in 2010 were excellent, but were again markedly reduced in the September 29th assessment. The latter situation continues to be of concern as the survival of juvenile lake trout is considerable reduced in such circumstances.

It is encouraging that zebra mussel veligers (larval form of this invasive species) and the spiny water flea were again absent from water samples taken at both Parham and Hampton Landings in July of 2010. ❧❧

Sophisticated Water Project for 2011

Irv Dardick

Additional in-depth studies of lake trout habit and water quality will be conducted this summer through a project conducted by Leon Boegman, from the Department of Civil Engineering at Queen's University. Dr. Boegman has a particular research interest in various factors affecting water quality, oxygen depletion in the deep cold water, and hydrodynamic modelling. He has carried out and published a number of studies of this type on Lake Erie and currently is doing similar studies at Lake Simcoe. Some of his sophisticated equipment is available for continuous monitoring of lake parameters such as dissolved oxygen, temperature, water currents and algal populations from May until this fall at Eagle Lake. In collaboration with the RVCA, a considerable battery of chemical tests will be done on water samples to enable better data analysis and modelling of collected information during this project.

So, don't be surprised if you see large orange buoys anchored at various locations in the lake. Suspended below will be specialized sensors for continuous monitoring of lake conditions. On May 18th, Dr. Boegman and two of his post-doctoral engineering students, Damien Boufford and Reza Valipour, placed such buoys in deep water at the north arm of the lake, centrally at the deep point off Ritter's Island and in the easterly part of the lake in Curl's Bay. A weather station was also sited on an island in the north arm of the lake to provide daily air temperature and wind conditions. Dr. Boegman will eventually provide us with an analysis and interpretation of the data, which is available at Queen's through a continuous stream of information downloaded via a satellite. A striking

example of the changes in water temperature, dissolved oxygen and phosphorus amounts provided by such continuous monitoring at Lake Simcoe is seen in a video posted on You Tube. (<http://www.youtube.com/user/damsdamso1?feature=mhum#p/a/u/2/11sayrODNAs>)

We are indebted to Leon and his students for undertaking this elaborate experimental study that will be unique for an inland lake such as Eagle Lake.



Damien and Reza preparing the 30 metres of cable with a variety of sensors attached.



Reza and Leon about to place the buoy and sensory equipment in the north arm of the lake.



Weather recording equipment on a small island in the northern part of the lake.

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Save on Fire Insurance

The Central Frontenac Fire Department has two pumper vehicles and six tankers that meet the requirements in terms of water source, water carrying capacity and water flow to meet the minimum requirements for certification for a rural structural fire. Testing of this equipment in October 2010 qualified the following four stations for a "Superior Tanker Shuttle Service Certificate of Accreditation in Alternative Water Supply for Public Fire Protection", Arden Fire Hall, 1085 Elm Tree Road; Mountain Grove Fire Hall, 1045 Mill Road; Parham Fire Hall, 1170 Wagerville Road; and Sharbot Lake Fire Hall, 1020A Wagner Road.

This type of certification is like having a fire hydrant close to the cottage. If you are within 8 km by road of any of these four Central Frontenac Fire Stations, you may be eligible to receive a significant cost reduction in your property fire insurance rates.

A PDF file of this "accreditation document" for presentation to your insurance agent can be downloaded from the Central Frontenac Township web site (see the topic headed "Central Frontenac Fire And Rescue Can Save Money on Your Property Insurance" on the home page at: <http://www.centralfrontenac.com/>

NFTC

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MANAGING DIRECTOR

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Stark looking woods with the cool wet spring on May 5th.

Keeping the 'Family' in the Family Cottage FOCA's 2011 Cottage Succession Seminar Series

Location: Farrell Hall, 186 Gore St. East, Perth
Date: Sunday, August 28th, 2011 (1:30-3:30pm)

Feature Speaker: Peter Lillico,
Estate Planning Lawyer, author & Cottage Life writer

Event Sponsor: Trantor and Associates Inc., Certified Financial Planners
Hosted by: The Federation of Ontario Cottagers' Associations (FOCA)
in collaboration with the Lake Networking Group

This is a free event. Donations to support FOCA are welcome.
For more information and to register, contact:
info@foca.on.ca 705-749-3622

Are you thinking of passing down your cottage
to children or family members?
Get the answers you need to make the right decisions
for future generations.

—OPP Message from page 1

- safety equipment
- be a good neighbour and watch out for each other
- if you see an activity that is dangerous, report it, don't take the attitude that its someone else's responsibility, it may cost a life!!

It is our goal that everyone has a healthy and enjoyable summer. One marine fatality is one too many!!!

Gerry Salisbury
Commander
Lanark County Detachments
Ontario Provincial Police

FOR YOUR INFORMATION

The Eagle Lake *State of the Lake Report* has now been published. The Board of the Eagle Lake Property Owners and those who worked on it are very pleased with the result. It is a readable and comprehensive look at the health of the lake with testing results up to 2010. All who have seen it are impressed and professionals in environmental management have been generous with their compliments. A member of the Board will visit you in late June or early July with your copy. We look forward to discussing this with you.

I know that many of you enjoyed purchasing quality meat products from M & C Meats on Road 38. This business has now been sold. The new owners plan to produce high end, organic, specialty meat products sold primarily in the Ottawa and Montreal markets. However, during the cottage season they will operate the site as a retail outlet and are currently working on making it an inviting place to go. Incidentally, Martin will be their butcher.



Examples of degraded (above) and naturalized shorelines (below)

Environmental News

Frogbit

Spring has been cold and late this year and there is no sign of frogbit in the Eagle Lake area so far. Consequently, the initial cull of the plant will be the 2nd and 3rd Saturday mornings of June. Sondra will be working at the mouth of Oconto Creek and anyone who would like to assist or get some pointers would be most welcome. Removing the single plants of the spring is much easier and less damaging to the indigenous plants than pulling out the chains that form later in the season.

MNR has committed to assisting Eagle Lake residents with frogbit removal. They will assign up to 5 summer students under the supervision of a MNR employee to removing frogbit from Eagle Lake for 3 days sometime during the last 2 weeks of July. Residents of the lake can make this more effective by identifying sites where frogbit is established ahead of the cull. Please report these sites to any member of the Board. As well, the MNR team may need to borrow safety equipment—life jackets, ropes, whistles etc. and possibly shallow draft boats. Please inform Board members of your

name, contact number and what you would be prepared to loan for any or all of the 3 days. This is a wonderful opportunity to get this invasive plant under control on our lake!

Shoreline Naturalization Program

We, on Eagle Lake, with a few exceptions, have a remarkably undisturbed, natural shoreline. This is part of the story of the excellent water quality that we enjoy. Indigenous plants along the shore also protect it from erosion and provide habitat for both aquatic and land animals, primarily those at the bottom of the food chain. The Rideau Valley Conservation Authority has just completed plantings for the 1st year of a 2 year program to encourage and assist interested parties improve the naturalization of their shorelines. Anyone interested can get more information about the program by e-mail—andrea.klymko@rvca.ca

Zebra Mussels

Since Eagle Lake is still free of zebra mussels and spiny water flea, if we want it to stay that way, all items that have been in another body of water need to be washed, drained and thoroughly air-dried before touching the waters of *our* lake.

**ELPOA BOARD
OF DIRECTORS
(2010 to 2011)**

President

Kathleen White
Tel: 613-375-8245
elpoapres@gmail.com

Past President

Jim Bradley
Tel: 613-823-2572
james_bradley@rogers.com

Vice President

Irv Dardick
Tel: 613-820-7300
idardick@bell.net

Treasurer

David Whalen
Tel: 613-375-8245
dandkw@frontenac.net

Secretary

Joyce Reynolds
Tel: 416-769-9763
sjrey@sympatico.ca

Communications

Sondra Feasby
Tel: 613-375-6192
sfeas@sympatico.ca

Lake Stewardship

Mary Ritter
Tel: 613-375-6455
mritter@sympatico.ca

Township Liaison

Josh Matthews
Tel: 613-375-6546
syrius72@hotmail.com

**Advertising/
Membership**

Bill Bowick
Tel: 613-279-3341
bowick@frontenac.net

Kim Cucoch
Tel: 613-375-6181
kcucoch@frontenac.net

Lou Cucoch
Tel: 613-375-6181
lcucoch@frontenac.net

Mike Day
Tel: 613-761-1530
michael.day@rogers.com

Hiroshi Nishimura
Tel: 613-328-1328
hnishimura3@cogeco.ca

Margaret Hough
Tel: 416-429-1099
margaret.hough@
sunnybrook.ca



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ELPOA Newsletter Address:

Direct inquiries to: Eagle Lake Property
Owners' Association, P.O. Box 104,
Parham, Ontario K0H 2K0
Email: elpoapres@gmail.com

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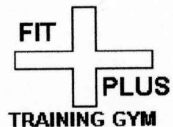
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